"Filled By Jesus"

Start Talking: Use the conversation starter below or create your own!

• Share a highlight from the past week. What is something that made you smile?

Key Scripture: Read the following together. "On the last day, that great day of the feast, Jesus stood and cried out, saying, "If anyone thirsts, let him come to Me and drink. 38 He who believes in Me, as the Scripture has said, out of his heart will flow rivers of living water." 39 But this He spoke concerning the Spirit, whom those believing in Him would receive; for the Holy Spirit was not yet given, because Jesus was not yet glorified." John 7:37-39 (NKJV)

- 1. What does this scripture tell me about me?
- 2. What does this scripture tell me about God?

Start Sharing: Choose a question (or several) to create openness and discussion.

- Read and summarize some of the instances in Matthew 8 and 9 where Jesus demonstrated the outflow of living water through healing, deliverance, and miracles.
- In what ways can believers actively experience the inflow and outflow of the Holy Spirit in their lives?
- Reflect on the command Jesus gives to the disciples in Matthew 10:7-8. How does this relate to the concept of freely receiving and freely giving?

Start Praying: Pray together and for one another.

"Lord, fill me with your Spirit. I open myself to your Spirit. Overflow in me so that others may taste Your goodness. It's not by might, it's not by power, it's by Your Spirit. Use me. In the name of Jesus, amen."