

“Get Uncomfortable”

Start Talking: Use the conversation starter below or create your own!

- Share a highlight from the past week. What is something that made you smile?

Key Scripture: Read the following together. *“Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, 4 who comforts us in all our tribulation, that we may be able to comfort those who are in any trouble, with the comfort with which we ourselves are comforted by God. 5 For as the sufferings of Christ abound in us, so our consolation also abounds through Christ. 6 Now if we are afflicted, it is for your consolation and salvation, which is effective for enduring the same sufferings which we also suffer. Or if we are comforted, it is for your consolation and salvation. 7 And our hope for you is steadfast, because we know that as you are partakers of the sufferings, so also you will partake of the consolation. (NKJV)*

1. What does this scripture tell me about me?
2. What does this scripture tell me about God?

Start Sharing: Choose a question (or several) to create openness and discussion.

- In what ways have you experienced God’s comfort in the midst of discomfort or trials in your life?
- How do you think obedience to God might require stepping out of your comfort zone?
- Why is it important for believers to get uncomfortable? Are there specific ways God is using discomfort in your life to form something greater in you?

Start Praying: Pray together and for one another.

“Father, we ask that you would strengthen us and give us a clear picture on how you want to use us. We thank you that you are always with us and that you comfort us through difficult times. We ask that you would use each one of us for your glory, in Jesus’ name, amen!”