

## **“The Power of Communion”**

**Start Talking: Use the conversation starter below or create your own!**

- Share a highlight from the past week. What is something that made you smile?

**Key Scripture: Read the following together.** *“Then Melchizedek king of Salem brought out bread and wine; he was the priest of God Most High. 19 And he blessed him and said: “Blessed be Abram of God Most High, Possessor of heaven and earth; 20 And blessed be God Most High, Who has delivered your enemies into your hand.” And he gave him a tithe of all.”*  
Genesis 14:18-20

1. What does this scripture tell me about me?
2. What does this scripture tell me about God?

**Start Sharing: Choose a question (or several) to create openness and discussion.**

- How does the story of Melchizedek and Abraham in Genesis 14:18-19 shed light on the importance of communion in the Bible? Do you see any parallels with our modern practice of communion in church?
- How do you think communion can serve as a source of healing and strength in our lives today? Do you have any personal experiences or testimonies related to communion bringing healing or a sense of God's presence and strength?
- Read 1 Corinthians 11:27-30. How can we ensure that we approach communion with the right attitude and heart?

**Start Praying: Pray together and for one another.**

*“Father, thank you for the power of your blood and the power of your body. Thank you for our church family — that we can come together in your presence to receive this covenant meal from you. We pray for the power of the blood and body of Jesus on each and every person here, in Jesus' name, amen!”*