

“The Peace of God”

Start Talking: Use the conversation starter below or create your own!

- Share a highlight from the past week. What is something that made you smile?

Key Scripture: Read the following together. *“Rejoice in the Lord always; again I will say, rejoice. 5 Let your reasonableness be known to everyone. The Lord is at hand; 6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.” Philippians 4:4-7*

1. What does this scripture tell me about me?
2. What does this scripture tell me about God?

Start Sharing: Choose a question (or several) to create openness and discussion.

- When you think of “peace” what things come to mind?
- What are things in your own life that steal your peace? Do you have a plan to overcome that?
- How can we see an increase of His peace in our lives? (See Eph. 6:14-15)
- When you see others distracted from God’s peace, how can you help them?

Start Praying: Pray together and for one another.

“Father, we thank you for the peace that you have made available to us in Jesus. We ask for an increase of peace in our hearts and minds — that all may know You and give You the glory you deserve. In Jesus’ name, amen!”